



Mary Seacole

Mary Seacole was a Jamaican nurse best known for her involvement in the Crimean War. She set up and operated boarding houses in Panama and the Crimea to assist in her desire to treat the sick. Seacole was taught herbal remedies and folk medicine by her mother, who kept a boarding house for disabled European soldiers and sailors. Confident that her knowledge of tropical medicine could be useful, and after hearing of poor medical provisions for wounded soldiers during the Crimean War, she travelled to London to volunteer as a nurse. This workshop dramatizes her life, and what happened as a result of her work.

The aims of the session is to:

- * Explore Mary's qualities.

The objective of the session is:

- * To recount some of the aspects of the life of Mary Seacole.
- * To make comparisons between May Seacole and Florence Nightingale.
- * To encourage pupils to be the best that they can be.