



Celebrating Mixed Heritage

Do you ever feel you have to disown one side of yourself in order to fit in? This workshop will give you the opportunity to explore and celebrate the experiences of people of mixed heritage. You will have the opportunity to talk about the things you do not often get an opportunity to talk about.

The aims of the session is to:

- * Look at a definition of mixed - race identities.
- * Facilitate a discussion about mixed race.

The objective of the session is for people :

- * To understand the experiences of people of mixed heritage.
- * Of mixed race to have a positive view of their identity.